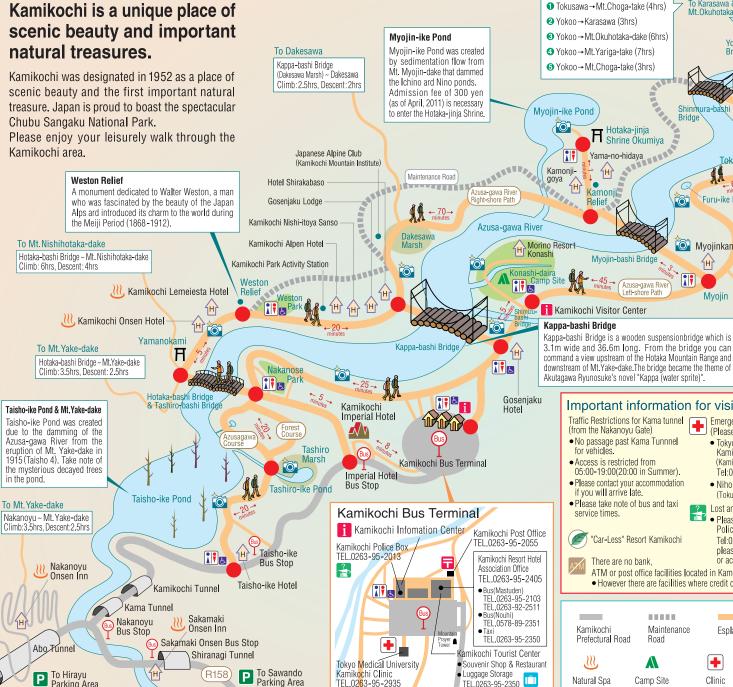
## KAMIKOCHI WALKING MAP

## Kamikochi is a unique place of scenic beauty and important natural treasures.

Kamikochi was designated in 1952 as a place of scenic beauty and the first important natural treasure. Japan is proud to boast the spectacular

Kamikochi area.

✓ To Takayama



To Matsumoto

#### 0.0 To Mt. Yariga-take To Karasawa & Tokusawa → Mt.Choga-take (4hrs) Mt.Okuhotaka-dal Yokoo → Karasawa (3hrs) Yokoo Yokoo → Mt Okuhotaka-dake (6hrs) Sanso Yokoo-Oo-hashi ◆ Yokoo → Mt. Yariga-take (7hrs) Bridge Yokoo ⑤ Yokoo→Mt.Choga-take (3hrs) To Mt. Choga-take Myojin-ike Pond Tokusawaen Bridge Hotaka-jinja Shrine Okumiya ⑪ Nihon University Medicine Faculty Yama-no-hidaya

### Tokusawa

Furu-ike Pond

Myojinkan

Myojin

Enormous elm trees dot the bright alpine meadows where you can gaze at the eastern face of Mt Maehodaka-dake and Okumatashirotani Valley. Here was the stage of Yasushi Inoue's novel"Hyoheki (Ice Face)"

Tokusawa

Lodge

\ Tokusawa

Camp Site

#### To Tokugo-toge Pass

Myojin~ Tokugo-toge Pass Climb: 2hrs, Descent: 1.5hrs

# Important information for visiting Kamikochi.

Emergency Help in Kamikochi (Please contact your nearest facility)

Tokyo Medical University

(Kamikochi Bus Terminal).

Please contact Matsumoto

Nihon University Medicine Facutly

Police (Kamikochi Sub-Police Box)

Tel:0263(95)2013. If unavailable.

please contact the closest shop

or accommodation facility.

(Tokusawa Clinic), (Summer only)

Kamikochi Clinic

Tel:0263(95)2935

Lost and Found

Traffic Restrictions for Kama tunnel (from the Nakanovu Gate)

金

Kamonji

Mvoiin-bashi Bridge

Azusa-gawa River

Relief

⑪

- No passage past Kama Tunnnel
- for vehicles. · Access is restricted from
- 05:00-19:00(20:00 in Summer). Please contact your accommodation
- if you will arrive late. Please take note of bus and taxi
- service times.
- "Car-Less" Resort Kamikochi
- There are no bank.
  - ATM or post office facilities located in Kamikochi
  - . However there are facilities where credit cards can be used

- 1. Tashiro-ike Pond: A shallow pond in themiddle of a virgin forest, making it a wetland.
- 2. Kappa-bashi Bridge: A suspension bridge with a captivating view of Mount Hotaka and Mount Yake-dake, making it a great spot for pictures. The current bridge is the fifth generation, replaced in 1997
- 3. Mount Roppyaku-zan (2,449m peak): Named the '600 mountain' because an official in Matsumoto once lumbered 666 logs from the valleys of Mt.Roppyaku -zan in the Edo era.
- 4. Mount Kasumizawa-dake (2,646 peak): Sanbonyari and Hachiemonzawa are loved by artists and are often portrayed in their paintings. The view from the Weston Relief is breathtaking.
- 5. Kamikochi Visitor Center: Learn about the deep and rich nature of Kamikochi, Admission is free.
- 6 Tokusawa: Dotted with Japanese elm (harunire). the bright grasslands were once part of a farm. The bedrock of the eastern face of Mount Hotaka provides a close-up and bold view. The ultramarine wild flowers (nirinsou) in the
- spring are very beautiful. 7. Myojin-ike Pond: Hotaka Shrine can be found at the edge of the pond. A boat festival is held
- every year on October 8th. 8. Weston Relief: Walter Weston (1861-1940) was a missionary from the UK who introduced the beauty of the Japanese Alps to the world.
- Also known as the modern father of mountaineering in Japan 9. Mount Yake-dake (2,455m): The only active volcano
- in the northern alps, which formed Taisho-ike when it erupted in 1915. 10. Taisho-ike Pond: A pond formed by damming Azusa
- -gawa River in 1915 when Mount Yake-dake erupted. The withered trees in the pond appear to be mystical.
- 11. Mountain Prayer Tower: A steeple built to calm the souls of anyone who became stranded in the northern alps. A memorial service is held every year on July 1st to pray for safety in the mountains.
- 12. Kamonii Relief: A relief celebrating Kamonii Kamijo (1847-1919), a renowned guide who helped Weston.































Lost and Found

Bus Stop