

Kamikochi is a unique place of scenic beauty and important natural treasures.

Please enjoy your leisurely walk through the Kamikochi area.

A monument dedicated to Walter Weston, a man who was fascinated by the beauty of the Japan Alps and introduced its charm to the world during the Meiji Period (1868-1912).

Hotaka-bashi Bridge ~ Mt. Nishihotaka-dake
Climb: 6hrs. Descent: 4hrs

Hotaka-bashi Bridge ~ Mt.Yake-dake
Climb:3.5hrs, Descent:2.5hrs

Taisho-ike Pond was created due to the damming of the Azusa-gawa River from the eruption of Mt. Yake-dake in 1915 (Taisho 4). Take note of the mysterious decayed trees in the pond.

Nakanoyu ~ Mt. Yake-dake
Climb: 3.5hrs. Descent: 2.5hrs

Myojin-ike Pond was created by sedimentation flow from Mt. Myojin-dake that dammed the Ichino and Nino ponds. Admission fee of 300 yen (as of April, 2011) is necessary to enter the Hotaka-iijia Shrine.

- ① Tokusawa→Mt.Choga-take (4hrs)
- ② Yokoo→Karasawa (3hrs)
- ③ Yokoo→Mt.Okuhotaka-dake (6hrs)
- ④ Yokoo→Mt.Yariga-take (7hrs)
- ⑤ Yokoo→Mt.Choga-take (3hrs)

Kappa-bashi Bridge is a wooden suspension bridge which is 3.1m wide and 36.6m long. From the bridge you can command a view upstream of the Hotaka Mountain Range and downstream of Mt. Yake-dake. The bridge became the theme of Akutagawa Ryunosuke's novel "Kappa (water sprite)".

- Traffic Restrictions for Kama tunnel (from the Nakanoyu Gate)
 - No passage past Kama Tunnel for vehicles.
 - Access is restricted from 05:00-19:00(20:00 in Summer).
 - Please contact your accommodation if you will arrive late.
 - Please take note of bus and taxi service times.
- Emergency Help in Kamikochi (Please contact your nearest facility)
 - Tokyo Medical University Kamikochi Clinic (Kamikochi Bus Terminal). Tel:0263(95)2935
 - Nihon University Medicine Faculty (Tokuwasa Clinic). (Summer only)
- Lost and Found
 - Please contact Matsumoto Police (Kamikochi Sub-Police Box) Tel:0263(95)2013. If unavailable, please contact the closest shop or accommodation facility.
- "Car-Less" Resort Kamikochi
 - There are no bank, ATM or post office facilities located in Kamikochi.
 - However there are facilities where credit cards can be used.

Kamikochi Information Center

Kamikochi Police Box
TEL.0263-95-2013

Kamikochi Post Office
TEL.0263-95-2055

Kamikochi Resort Hotel
Association Office
TEL.0263-95-2405

- Bus(Mastuden)
TEL.0263-95-2103
- Bus(Tel.0263-92-2511)
- Bus(Nouhi)
TEL.0578-89-2351
- Taxi
TEL.0263-95-2350

Mountain Prayer Tower

Tokyo Medical University
Kamikochi Clinic
TEL.0263-95-2935

Kamikochi Tourist Center

- Souvenir Shop & Restaurant
- Luggage Storage
TEL.0263-95-2350

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1. Tashiro-ike Pond: A shallow pond in the middle of a virgin forest, making it a wetland.
2. Kappa-bashi Bridge: A suspension bridge with a captivating view of Mount Hotaka and Mount Yake-dake, making it a great spot for pictures. The current bridge is the fifth generation, replaced in 1997.
3. Mount Roppayaku-zan (2,449m peak): Named the '600 mountain' because an official in Matsumoto once lumbered 666 logs from the valleys of Mt.Roppayaku-zan in the Edo era.
4. Mount Kasumizawa-dake (2,646 peak): Sanbonyari and Hachiemonzawa are loved by artists and are often portrayed in their paintings. The view from the Weston Relief is breathtaking.
5. Kamikochi Visitor Center: Learn about the deep and rich nature of Kamikochi. Admission is free.
6. Tokusawa: Dotted with Japanese elm (harunire), the bright grasslands were once part of a farm. The bedrock of the eastern face of Mount Hotaka provides a close-up and bold view. The ultramarine wild flowers (nirinsou) in the spring are very beautiful.
7. Myojin-ike Pond: Hotaka Shrine can be found at the edge of the pond. A boat festival is held every year on October 8th.
8. Weston Relief: Walter Weston (1861-1940) was a missionary from the UK who introduced the beauty of the Japanese Alps to the world. Also known as the modern father of mountaineering in Japan.
9. Mount Yake-dake (2,455m): The only active volcano in the northern alps, which formed Taisho-ike when it erupted in 1915.
10. Taisho-ike Pond: A pond formed by damming Azusa-gawa River in 1915 when Mount Yake-dake erupted. The withered trees in the pond appear to be mystical.
11. Mountain Prayer Tower: A steeple built to calm the souls of anyone who became stranded in the northern alps. A memorial service is held every year on July 1st to pray for safety in the mountains.
12. Kamonji Relief: A relief celebrating Kamonji Kamijo (1847-1919), a renowned guide who helped Weston.

Legend:

- Kamikochi Prefectural Road
- Maintenance Road
- Esplanade
- Walking time
*Standard walking time
- Barrier-free Toilet
- Accommodation
- Information
- Natural Spa
- Camp Site
- Clinic
- Shutter Point
- Luggage Storage
- Lost and Found
- Bus Stop
- Parking Area